

THE

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Drama Club Prepares for "Beyond Therapy"

Students Seek Opportunities at Annual Alle-Kiski Job Fair

Pittsburgh Horror Story

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Photos on the cover feature the PSNK soccer and volleyball teams in previous games. Photos by Jenna Swank.

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Editorial Staff

Editor-in-Chief: Sarah Steighner

Managing Editor: Jenna Swank

Entertainment Editor: Paige Owens

Staff Writer & Reporter: Erin Kamenic

Staff Writer & Reporter: Eric Bennardo

Faculty Advisor: Abhinav Aima

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Penn State New Kensington,

3550 Seventh Street Road,

New Kensington, PA 15068

CAMPUS LIFE

Drama Club Prepares for "Beyond Therapy"

By Erin Kamenic

UPPER BURRELL, Pa.— Several students in Penn State New Kensington's Drama Club have recently started rehearsing for their fall play. "Beyond Therapy," a comedy by Christopher Durang and being directed by Bill Mitas, follows the lives of two young people in Manhattan in the 1980s.

Main characters Bruce and Prudence are both seeking therapy, when their therapists suggest that they should each place a personal ad in the paper. Both do, and after a few failed dates, they decide to try and give their relationship a chance.

Jon McCabe, a freshman biology major, is the President of the Drama Club and also plays the role of Bruce. "It's really fun, you're going to laugh," he says of the production. "The conversations between everybody is a really off-beat sense of humor. It's purely comedy"

Laura Gensamer, an undecided freshman, is the Vice President of the Drama Club and plays the role of Prudence. "Prudence has slept with her therapist so that's the cause of a lot of the problems," she adds.



Jon McCabe and Laura Gensamer

Photo by Paige Owens

"There's awkward moments, there's freak outs, there's crazy people, there's sex, there's everything!" quotes McCabe. "The climax of the play builds up. You're going to have to wait to see it to see the end."

"Beyond Therapy" has shows scheduled for November 13th, 14th, and 15th at 8 pm in the theater. Admission is five dollars for students and ten dollars for the public.

As for future plans for the Drama Club, the officers have been holding meetings in which they are currently deciding on what to do for their spring musical next semester with the theater class. "The Drama Club is cooking up something good," says McCabe. "We've been talking about possibly doing 'Sweeny Todd', but it's kind of up in the air", adds Gensamer.

"We have a lot of actors this year so Bill is really excited," says McCabe of the members of the club. "Practice has gone really good so far." The Drama Club is always looking for new members and encourages students to join. In addition, they also are in the process of making a Facebook page.

CAMPUS LIFE

Students Seek Opportunities at Annual Alle-Kiski Job Fair

By Eric Bennardo

UPPER BURRELL, Pa.—Penn State New Kensington and CareerLink host eighth annual Alle-Kiski job fair at the campus where students find opportunities for potential employment.

Since 2006, Penn State New Kensington has partnered with CareerLink and hosts an annual career fair in the campus gymnasium. At the fair, upwards of fifty employers set up booths where they distribute flyers and packets of information to the several dozens of job-seekers who attend the event hoping to obtain an internship, and in some cases, full-time positions.

“We have always had a great turnout by the employers, and the student attendance has been steady over the years,” said Jim Shields, Director of Career Services at the campus. Shields also mentioned that despite the steady student attendance rates, less community members have been attending in recent years. “Due to the employment market and peoples’ attitudes towards unemployment and benefits the community attendance has been slightly lower,” Shields said.

Brianna DelleDonne, a junior studying Business Administration, said that she had a great experience at the fair. “I may have found a potential internship with Enterprise Rent-A-Car,” said DelleDonne.

Pat Hollinger, the Co-Director of Continuing Education works closely with Shields in promoting the event and inviting recruiters to attend the fair. She concurred with Shields on the fact that there were less job-seekers from within the community. “However, the people who did attend the fair seemed as though they were more qualified to fill the positions that employers were seeking to fill,” said Hollinger.

Jess Logston, a sophomore studying Information Science and Technology was seeking an internship opportunity at the fair. “Overall it was nice,” said Logston. “There were more employers there than I thought there would be,” she added. Logston also said that she thought that it was a great way to connect with people who represented all kinds of different industries in one place.

After each fair, Career Services and CareerLink go through the statistics as well as look back on their marketing strategies to see if any improvements can be made for future job fairs. “We have found that if we do more follow-up with the students, community members and employers after the fair is over that we can get a more accurate representation of how people got their information about the event,” said Shields. “More posters and hitting more spots where people seem to gravitate in order to get their news and event information,” Hollinger said.

CAMPUS LIFE

The following dates and events will be taking place later in the Fall semester and during the Spring 2015 term:

→ November 14 (Fri.) MSIT Day (Math, Science, Information Technology), Monroeville

→ January 28 (Wed.) Engineering Career Day at University Park

→ January 30- February 1 Penn State West Leader Launch, Pittsburgh

→ February (TBD) Westmoreland Regional Job Fair (WANT), Greensburg

→ March 11 (Wed.) Western PA Job & Internship Fair, Monroeville

→ March (TBD) Penn State's Spring Career Days at University Park



CAMPUS LIFE

Talking “Trash” at Penn State New Kensington

By Hannah Hohman

UPPER BURRELL, Pa.—Penn State New Kensington’s Green Team and Science Club have created a “living laboratory” through the implementation of a composting site, and in the fight to create a more sustainable environment, they don’t plan to stop there.

The Penn State New Kensington Green Team is a group compiled of students, faculty, and staff that are committed to getting the campus involved in green initiatives as well as reducing waste and exploring ways to use resources in a responsible manner within the university environment. The Green Team was developed three years ago by Ruth Herstek, administrative support assistant to the director of Academic Affairs. Herstek is a multifaceted woman that has deep connections to the Penn State New Kensington campus. She received her bachelor’s degree in Organizational Leadership from Penn State New Kensington in 2012 as an adult learner. Herstek has a passion for sustainability. Upon developing the Green Team, she utilized her leadership skills to help pull the team together and continue moving forward with their plans.

Herstek works to maintain these green initiatives at the campus as well as at her Lower Burrell home, which actually borders the campus. Her daughter, Jamie Herstek, is a student at Penn State New Kensington and a Green Team member. Jamie commented that her mother brings their recyclables to the school because the campus has single stream recycling and Lower Burrell lacks the resources to do so. Herstek discussed her personal philosophy on sustainability and said “I believe that sustainability is exactly what it says, it makes everything sustainable. I believe in its relationships, diversity within people, and diversity within the environment...I would like to see the rural areas of western PA stay that way and in order to sustain that type of lifestyle, you have to take care of the environment so that it can sustain itself. To me, a lot of what we do with sustainability is what nature does naturally.”

The Green Team has done work behind the scenes while pushing for campus involvement. They worked to reduce paper costs, promote green meetings, and reduce the amount of posters and paper signage on campus. Their biggest campaign is raising awareness amongst the campus community. The campus was already very active in their work to be sustainable, there are water bottle refill stations, single stream recycling, and Chancellor Dr. Kevin Snider has included sustainability in the five year strategic plan. All of these were steps that lead up to their ultimate goal which was to implement a composting program.

CAMPUS LIFE

The composting project has opened doors to the conversation of sustainability and it has even furthered the recycling effort on campus. Herstek commented that they have seen recycling double, if not triple after implementing this program due to the placement of the bins for composting. This goal was attained after the Green Team was awarded an \$11,315 grant from the “Reinvention Fund” which is through the Penn State Sustainability Institute. After working to compose a lengthy grant proposal, the New Kensington campus was one of the only commonwealth campuses that was selected.

The grant money was used to redo the counter tops in the café so that there was a receptacle that included composting, recycling, and trash in the most high traffic area of the café. It was also used to move the condiments elsewhere in the café. Three indoor trash and recycling bins and a bin for the outdoor courtyard were purchased, as well as shirts for the Science Club so they can be distinguished as they direct students to the proper disposal of foods. A year supply of composting bags were also purchased with the grant money along with a small amount of lab equipment for the science department. The Green Team has been partnering with the Science Club throughout this process. Annie Ley, president of the Science Club said, “through the use of peer to peer education, our club members have been able to educate the student body about the basics of recycling, reusing, and reducing in a manner that is easy to understand and effective.”

Herstek mentioned that since composting has started, she has noticed a significant increase in the sustainability conversation on the campus. As the Penn State New Kensington community is still learning how to properly dispose of items in the café, Green Team members are still working to create more effective signage that will ease the process. The Green Team’s hope is that there will be continuous growth of this program and that these changes carry on as new waves of students come through.

The Green Team is not stopping at composting; while composting is merely step one, there are many more steps that they intend to make. There is conversation of hoping to partner with WCCC and the campus’s efforts in working with poverty. Herstek believes that they are all able to be connected and work together to make a genuine difference in the community. The Green Team wants to continue to reach out to the community to establish a community garden and continue the education and conversation.

ATHLETICS

Coaches Spotlight: Volleyball

By Jenna Swank

UPPER BURRELL, Pa.—The athletics department at Penn State New Kensington is one that is constantly changing and expanding. Among the sports offered, volleyball is one that has been a continuous success for the campus. The program has produced six conference titles, second only to the 13 championships by the men's basketball program.

When the position of Head Women's Volleyball coach at Penn State New Kensington became available for the 2014 season, Springdale native, Amy Sigmund, applied without hesitation. "Everyone loves Penn State volleyball," said Sigmund when asked what drew her to the position; "Penn State New Kensington has such a great reputation... didn't even have to think twice about it." Sigmund brings with her a wealth of experience not only coaching the sport, but playing it as well.

Sigmund has six years of coaching experience under her belt. She coached all of those years at Springdale High School. For five years, she was the head JV coach and in her final year she was the interim head varsity coach. In her year as the interim varsity coach, she led the team to the second round playoffs, but lost to the WPIAL champions. That was the first time in 15 years that the girls volleyball team made it to playoffs.

As far as playing the sport goes, she was an outside hitter, middle hitter and setter, respectively, for Springdale on section championship teams from 1997 to 1999. She earned All-Section honors as a middle hitter and setter in high school. She continued her playing career at Waynesburg as a defensive specialist. She continues to be active in co-ed and women's competitive leagues throughout Pittsburgh. Although she has played every position on the court, Sigmund says her favorite position is outside hitter.

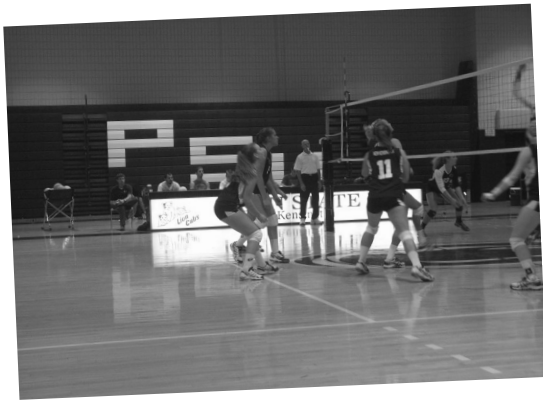
Being a new coach to the campus, Sigmund has big plans for the volleyball program. She hopes to be able to get more high school girls to the campus during the season to watch the team in action. "It's all about recruiting and getting out into the community" says Sigmund. She believes that as the team improves year after year, more players will seek to come to PSNK to be a part of a solid, winning tradition. Even in her first year as head coach, she has gained the respect and admiration of her team. Dakota Pastovic, a sophomore from Highlands, says "Coach Amy is very inspiring, even when we are at our lowest she finds a way to pick us back up. As long as she can see that we tried our hardest, that is good enough for her."



Photo by PSNK Athletics

ATHLETICS

Although volleyball is a large part of her life, coaching the sport is not how she makes a living. Sigmund graduated from Waynesburg with a degree in Communications and a minor in Marketing. She gained an MBA from Salem International University with a concentration in International Business. Sigmund is currently a senior district manager at ADP TotalSource in Pittsburgh. In her job, she works with small to medium business owners and non-profit organizations in the Pittsburgh area. ADP provides business processing solutions, including payroll, talent management, human resource management, benefits administration, and time and attendance. Sigmund is engaged to Brian Kostek, who is otherwise known as “Wookie” on the country music radio station Y108. The two are set to be married in November of this year.



Photos by Jenna Swank

ATHLETICS

Coaches Spotlight: Soccer

By Jenna Swank

UPPER BURRELL, Pa.—In the last few years, the soccer program has made some great strides in the right direction. Some of these accomplishments have come within the last year with the arrival of a new head coach. Jordan Valentine, resident of Pittsburgh, was selected as the head coach of the men’s soccer team in March 2013; this is his second season with the program.



Coach Jordan Valentine
Photo by PSNK Athletics

When Valentine took over the team, he had a roster of seven people, which meant a lot of recruiting needed to be done. In his first season in 2013, his team made it to the PSUAC playoffs for the fourth consecutive year. Many of the starters from that team left the campus so more recruiting had to be done for the 2014 season. This season, Valentine has a roster of 24 people. Thus far, the team has spent a considerable amount in the number one spot in the PSUAC. He says the team is enjoying a lot of success, but they know they need to continue working hard to achieve their goals.

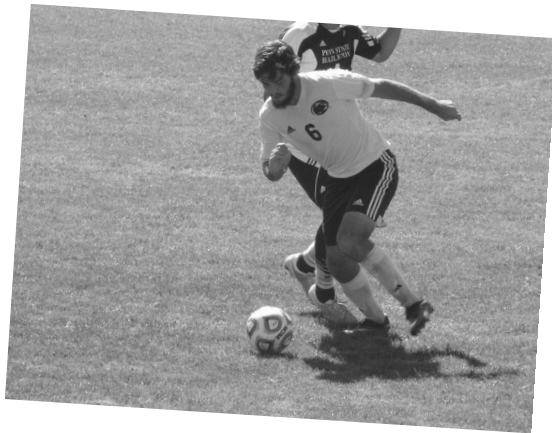
In the future, Valentine says he is “looking forward to establishing the program as a powerhouse within the PSUAC.”

Coaching at PSNK gives him the opportunity to run his own program and gain experience at the collegiate level. He knows that the team is bound to bring PSNK a soccer championship. With his roster right now being largely made up of freshman, Valentine can use them continue to build a solid roster for the upcoming seasons. Senior Captain, Perry Sciulli, says “coach focuses on changing the culture and making sure our soccer team has successful seasons each year and build a better program. He has already done great things in his short time here.”

Being a relatively young collegiate coach, Valentine brings a wealth of coaching and playing experience to the program. He has been playing the sport for around 20 years from amateur level to having several tryouts at the professional level. Valentine played competitively in England, where he was born. He was offered a full-ride scholarship to the NCAA D2 school, Ohio Valley University in West Virginia, where he graduated with a degree in Sports Management. In his time there, Valentine was nominated for WVIAC All-Conference player twice and he was also invited to play for the Great Britain National University Team in 2008.

ATHLETICS

Between having a wife and a three year old golden retriever, Valentine still manages to be coaching full-time. He is currently a coach for the PA West Olympic Development Program, the Century United Football Club, and UK International Soccer. Before taking on the program at PSNK, Valentine had coached at all ages and levels even in other countries, including England and Greece. Previously, he ran a club in Michigan, as well as coached clinics and camps across the country and even worked with Disney to arrange professional trials and combines. He has English Coaching Licenses at levels 1 and 2. Valentine also has coaching licenses from America including the NSCAA National Diploma.



Photos by Jenna Swank

*For more pictures, visit:
nittanypride.wordpress.com*

COMMUNITY

Pittsburgh Horror Story

By Paige Owens

"The worst nightmares keep coming back." -Kennywood Phantom Fright Night

UPPER BURRELL, Pa.—Fall is upon us at Penn State New Kensington, which means it's time to get into the creepy, Halloween spirit. While most of us are searching for the scariest or funniest costume, door decorating at the apartments, or stoking up on Reese's Peanut Butter Cups, don't forget to get your scare on by visiting one of the terrifying Pittsburgh haunted attractions.

Pittsburgh has 3 thrilling and chilling haunted houses that attract thousands of guests year after year. Each haunted house offers a scary and fun experience that differs tremendously from one another.

The Kennywood Phantom Fright Night is celebrating its 13th anniversary of thrill rides and terror. Each year, Kennywood Amusement Park in West Mifflin, a suburb of Pittsburgh, turns its exciting park into a black out, haunted event like no other. Fright Night is not the typical haunted house that most guests are familiar with. Instead, guests will climb aboard Kennywood's rides in absolute darkness, not knowing what to expect or what will jump out at them. Kennywood has 16 operating rides throughout the park for Fright Night and attractions such as Mortem Manor, Kennyville Cemetery, Gory Park, and plenty more.

Kennywood Phantom Fright Night will be running for the remainder of the weekends in October including Halloween and Saturday November 1 from 7 pm—1 am. Tickets can be purchased at the gate for \$33.99 per guest or on Halloween college students can present their college ID and purchase tickets for half price.

Another Pittsburgh haunted attraction, Terror Town, is located in the Strip District. According to senior, Zach Durkin, a Broadcast Reporting major at Point Park, "Terror Town is an underground town where the people are cannibals."

Terror Town has a variety of creepy characters including Durkin's character, Sticky the Clown. Each character has their own story and are guaranteed to terrify guests.

"My character is a clown that works in a very unique location in Terror Town," Durkin explains. "I don't want to spoil it because it is a pretty big shock. I want people to see the haunted house and just stand there with their jaw on the floor. I think the surprises within Terror Town create a more unique experience and it is more effective that way."

COMMUNITY

Terror Town is open every Thursday—Sunday for the remainder of October. Thursdays and Sundays the attraction is open 7pm—10 pm. Fridays and Saturdays it is open from 7pm—12 am. Tickets are \$18 per guest, however, there are a ton of \$2 off coupons that have been floating around that students can redeem.

Pittsburgh is also home to one of the scariest and most terrifying haunted houses in the country. Scarehouse, has been ranked as one of "America's Scariest Haunted Attractions" according to the Travel Channel. Scarehouse is not just a one month Halloween attraction. A group of Pittsburgh Scarehouseers work year round to prepare for Pittsburgh's most haunted attraction.

This year, Scarehouse features three haunts that are sure to have guests screaming. Two of the new haunts featured in Scarehouse are The Summoning and Pittsburgh Zombies: Black Out!

The Summoning revolves around the story of a nearly 100 year old house, however, the house is filled with mad scientists, dead animals, and terrifying, unidentified creature.

Pittsburgh Zombies: Black Out! is the final of the three haunts and is a pitch black, zombie apocalypse. Guests will experience an action packed haunt trying to escape the living dead.

Scarehouse also features its famous Creepo's Christmas in 3-D haunt. This haunt requires guests to wear 3-D glasses in a twisted, holiday tale where Santa is dead and Creepo and his evil elves have taken over Christmas.

Scarehouse is located in Etna, ten minutes outside of Downtown Pittsburgh. Tickets are sold online in half hour entry windows for the attraction and are \$24.99 Thursday—Sunday. Thursday and Sunday nights, however, are college nights and students can get \$7.00 off their ticket if they show their college ID before entering Scarehouse. Scarehouse is open Thursdays and Sundays from 7 pm—10 pm and Fridays and Saturdays from 7 pm—12 am.

Pittsburgh is home to some very unique and terrifying haunted attractions that are sure to have guests dying for more this Halloween season. More information for the three haunted attractions in Pittsburgh can be found online including additional ticket prices and details on the attraction.

FASHION

Transform Summer Styles into Fall Fashion

By Paige Owens

UPPER BURRELL, Pa. – Year after year, as summer comes to a quick end, it feels necessary to pack up sundresses, shorts, and maxi skirts until next May. However, you don't need to say goodbye to your summer wardrobe just yet. Rather than packing up everything until next summer, incorporate your summer styles into your new fall fashion.

This fall is going to be filled with interesting trends from different sides of the fashion spectrum. Fall fashion is calling for a ton of punk – borderline gothic – pieces mixed with extremely girly, chic pieces. Punk pieces are going to incorporate a lot of leather accents, studs, torn skinny jeans, and combat boots. Whereas the girlier pieces are going to include floral, pastel colored dresses, faux fur, and everything glitter. The combination of these two contradictory styles will make it easy to utilize summer pieces to create a fashion forward fall wardrobe.

Sundresses for Fall

The key to transforming your summer outfits into fall worthy outfits is layering. Thick cardigans, jackets, and tights can be paired with sundresses to create an entirely new outfit that is cozy and ready for the fall weather. Cardigans with tribal print or animal print, particularly cheetah, are popular pieces for this fall and can be easily paired over a cute summer sundress.

Some of the best ways to pair a sundress with a cardigan or jacket is by taking a bright colored dress and pairing it with a more neutral toned cardigan or jacket.

However, if you want to create a chic, punk look with what's popular this fall, try pairing a floral, girly sundress with a leather jacket or army jacket. Tights and combat boots or ankle boots can also be added to this look to achieve a fantastic chic, punk outfit.



Left: photo by Paige Owens, Middle: photo by Paige Owens, Right: photo by Jon McCabe

FASHION

Maxi Skirts to the Maximum

Time to put away the strappy sandals that always get paired with maxi skirts during the summertime and trade them in for trendy ankle boots. The great thing about maxi skirts is that when paired with the right tops and right shoes they become an every season skirt.

Maxi skirts are versatile enough that there are tons of style options to make this piece work for fall. Maxi skirts that are thicker material and also darker shades are the best for these fun fall looks. Flat



Maxi skirts and maxi dresses are versatile enough to create chic Fall outfits.
Photographed by Paige Owens

boots, combat boots, ankle boots, or high heeled boots can create a plethora of different on-trend fall worthy outfits when paired with maxi skirts.

For an edgier look pair a darker shade maxi skirt with combat or ankle boots, a plain tee in a rich fall color such as purple, grey, or army green; and finish the look with a leather jacket. Maxi skirts can transform into killer

going out outfits or can make an elegant look. They can be paired with chic boots or fancy ballet flats and floral tanks, long sleeve basic tee-shirts, or cardigans. Another stylish, but simple look would be to pair a maxi skirt with a long sleeve or $\frac{3}{4}$ length sleeve tee-shirt and add a scarf or chunky necklaces to the outfit. This creates a chic and easy style that looks put together on everyone.

You can also pair maxi skirts with oxford button downs, long wrap cardigans that can then be belted or left open, flowy sweaters, tailored blazers, short sleeve tee-shirts, or graphic band tee-shirts. All of these pieces will transform your favorite summer maxi skirts into amazing fall outfits.

FASHION

Chic Shorts

Shorts are the hardest summer essential to include into your fall wardrobe, but if done right they can create the most stylish outfits.

As mentioned before, layers are the key ingredient in transforming summer pieces into fall pieces. Shorts can go from a simple summer style and turn into a chic, fashion forward look by wearing them over a stylish pair of tights. If the shorts are simple without patterns then add tights that are colorful, embellished, or floral to maximize an outfit. Shorts and tights then can be paired with ankle boots, knee high boots, or ballet flats to bring this fall trend together.

Shorts can also be paired with chic blazers or jackets. The layered look with a basic tee-shirt, a scarf, and a jacket or cardigan can create an outfit that can go from class to a date night. But let's not forget that shorts are still a fabulous piece to wear for a night out on the town. Leather or high-waisted shorts can be styled with fancy sweaters, bejeweled tee-shirts, long sleeve crop tops, or peplum tee-shirts to make the perfect outfit to go out and get drinks or to go dancing in.

Whoever said that it's time to pack up shorts, maxi skirts, and sundresses as soon as the weather gets cooler was wrong. Summer styles can be easily paired with so many fall pieces that are already in your wardrobe to make fashion forward outfits you didn't know you had.



Summer shorts can turn into a punk or prep look. Photos by Paige Owens

A great place to purchase discounted summer clothes or any of the pieces in this article on a college student budget is H&M, Forever 21, or Charlotte Rouse. These stores have a variety of different styles and have a large collection of items that can be added to your fall wardrobe for a good price.

ENTERTAINMENT

New Music Coming Your Way this Fall

By Erin Kamenic

UPPER BURRELL, Pa.—It seems that every summer, the radio plays the same few songs over and over again. Everyone starts to get sick of them, waiting for something new to come. The wait is over. This fall, tons of your favorite artists (and maybe some soon-to-be) are dropping new albums sure to be hits.

Pop girl group, Fifth Harmony, releases their debut full-length album, “Reflection,” on November 17. Already dropping two singles, “Them Girls Be Like” and girl-power-anthem, “BO\$\$,” this album seems to show a more mature side of the group than their previous EPs. Consisting of vocalists Camila Cabello, Normani Kordei Hamilton, Lauren Jauregui, Allyson Brooke Hernandez, and Dinah Jane Hansen, these girls are sure to make their mark on the pop music industry this year.

Taylor Swift’s fifth studio album, “1989” will be released on October 27. The single, entitled, “Shake It Off,” shows a more stereotypical-pop side of the singer, once known for her pop-country hits. This unexpected sound has drawn in new fans, possibly foreshadowing what the rest of the album will sound like.

British boy band, One Direction, drops their fourth album, “FOUR” on November 17. The group, consisting of Niall Horan, Zayn Malik, Harry Styles, Louis Tomlinson, and Liam Payne rose to fame on Britain’s seventh season of the X Factor. “Steal My Girl,” the first single released from the album, gives off a pop-rock anthem vibe, similar to their previous work. This album is highly anticipated after their 2013 release of “Midnight Memories.” Surely this album follows in the suit of the group’s signature sound, hoping to please fans, both old and new.

Rixton, a British pop group who gained success from their YouTube channel in 2013, release their debut full-length album, “Let the Road,” on January 6, 2015. Perhaps the most well known already released song off of the album entitled, “Me and My Broken Heart,” features a catchy hook and chorus and a fun-to-dance-to beat. Other songs already available from this album are “Wait On Me,” “Appreciated,” “Hotel Ceiling,” and “We All Want the Same Thing.” This fun album will make you want to get up, sing, and dance along.

For those of you looking to get your Christmas fix already, electro-orchestral, Mannheim Steamroller, release their holiday album entitled, “30/40” on October 21. This album features covers of many holiday favorites, including, “Deck the Halls,” “We Three Kings,” “Greensleeves,” and “Auld Lang Syne.” Coming out almost two months before Christmas, this album will give you plenty of time to get into the spirit

Look out this season for these albums and artists and don’t be afraid to give them a try. You never know who might be your next new favorite artist with their new album.

ENTERTAINMENT

Upcoming Movie Releases

By Paige Owens



Ouija - Halloween is just around the corner and Stiles White's new film *Ouija* is sure to be a hit for Halloween weekend. Released on October 24, *Ouija* follows a group of friends that must deal with their friend's mysterious death. When the friends make an attempt to contact their friend they unleash a terrifying, dark spirit into their world from the Ouija board. The friends soon learn that playing with the Ouija board is a deadly game. The film stars Daren Kagasoff, Ana Coto, Bianca A. Santos, Douglas Smith, and Olivia Cooke.

White Bird in a Blizzard - This film is set in the 1980s and is the story of a 17 year old girl, Kat Connors played by Shailene Woodley, whose mother, Eve played by Eva Green, mysteriously disappears without a trace. When Kat's mother first disappears, Kat doesn't truly register that her mother is no longer present in her life. But when she comes home from college on a break, she is confronted with the idea that her father, Brock, may be behind her mother's disappearance. *White Bird in a Blizzard* explores Kat's denial of her mother's disappearance and the truth behind what really happened. This film is based on the novel of the same name by Laura Kasischke and is directed by Gregg Araki.



ABC's OF Death 2 - *ABCs of Death 2* is a 26 chapter, follow-up film to the first entitled *ABCs of Death*. The film is composed of twenty-six separate horror stories that take each letter of the alphabet and create it into a short, terrifying part of the film. Each short film is has a different director so each story has its own unique style. Each director was able to choose a word that correlated with the letter of the alphabet they were given to create horrifying, deadly plotlines. *ABCs of Death 2* will open in theaters on October 31, 2014 and is guaranteed to bring in a large audience looking

for a Halloween scare.

RECIPES

Warm Up with a Homemade Apple Crisp

By Paige Owens

One of the best fall sweet treats that I've enjoyed making since I was young are Apple Crisps. It's a fun, easy recipe that turns into a warm, delicious dessert or snack that you can add a dollop of ice cream to. This is a perfect treat to serve all fall including at Halloween parties or Thanksgiving dinner. It's like a personal apple pie rolled into a fabulous, quick snack that everyone will love!

Ingredients

- * 5 or 6 Granny Smith or Golden Delicious apples, peeled, cored, and sliced into 1/4 inch thick
- * 2 to 3 tablespoons granulated sugar
- * 3/4 teaspoon ground cinnamon
- * 1/4 teaspoon fine salt
- * 1/2 cup packed light brown sugar
- * 1/2 cup uncooked rolled oats
- * 1/3 cup all-purpose flour
- * 4 tablespoons cold, unsalted butter (1/2 stick), cut into small pieces, plus more for coating the dish

Instructions

1. Heat the oven to 350°F and arrange a rack in the middle. Lightly coat an 8-by-8-inch baking dish with butter.
2. Combine the apples, granulated sugar, cinnamon, and 1/8 teaspoon of the salt in a large bowl and toss to coat. Place the apple mixture in the prepared baking dish and set aside.
3. Using the same bowl as for mixing the apples, mix together the brown sugar, oats, flour, and remaining 1/8 teaspoon salt until evenly combined. With your fingertips, blend in the butter pieces until small clumps form and the butter is well incorporated, about 2 minutes.
4. Sprinkle the topping evenly over the apples and bake until the streusel is crispy and the apples are tender, about 50 to 60 minutes. Let cool on a rack at least 30 minutes before serving.

Quick and Easy Chicken and Dumplings

By Jenna Swank

As fall is in full swing, it is time to look for some meals that will keep you warm. It is a difficult task to stay warm and cozy during the brisk days, but a good, home cooked meal can do just the trick! This recipe would be perfect eaten alone, but it can be served over anything you would like. I served mine over mashed potatoes and it definitely hit the spot!

Ingredients

- * 1 - 32 oz can of Chicken Broth
- * cooked chicken, shredded
- * 2 cans refrigerated biscuits
- * 1 can Cream of Chicken Soup
- * pepper, to taste



Photo by Jenna Swank

Instructions

1. Heat chicken broth in pot on medium-high heat and cook until gently boiling.
2. Add chicken.
3. Quarter biscuits and place in chicken broth. Stir well.
4. Add cream of chicken soup and stir.
5. Put small layer of pepper over dumplings.
6. Stir well and let simmer for 5-10 minutes, or until dumplings are firm.
7. Serve and enjoy!